



## COVID-19 EMERGENCY SIGNS

COVID-19 Emergency Signs	
English	Rohingya Translation
What are symptoms of COVID-19?	KOVIDH-19 or alamot ókkol ki?
There is a wide range of symptoms, but common symptoms include: <ul style="list-style-type: none"><li>• Fever</li><li>• Chills</li><li>• Cough or shortness of breath</li><li>• Fatigue</li><li>• Muscle and body aches</li><li>• New loss of taste or smell</li><li>• Sore throat</li><li>• Diarrhea</li><li>• Nausea or vomiting</li></ul>	Eçe bót bici alamot ókkol ase, kintu aám alamot ókkol óilde: <ul style="list-style-type: none"><li>• Gaatzor</li><li>• Sórdi</li><li>• Hañc yáto niac thanot baiththa</li><li>• Bolfora</li><li>• Unduror gusso ar gaa hoñra</li><li>• Noyagori moza yáto bac haraizoon</li><li>• Golar zohóm</li><li>• Gaa lamani</li><li>• Horaf laga yáto oolani</li></ul>
Sometimes, symptoms are different in Elders. Other signs to look out for include: <ul style="list-style-type: none"><li>• Decreased ability to do usual daily activities</li><li>• Racing heart</li><li>• Dizziness when standing or sitting</li><li>• Restlessness, hallucinations, confusion</li></ul>	Táitai, boc ola manúic ókkol or biaramor alamot ókkol muktólif ói táke. Úciar táka foribóude oinno nicán ókkol óilde: <ul style="list-style-type: none"><li>• Hámicar dhóilla fortídinna hashormo ókkol gorar taakot homizoon</li><li>• Hoilla duddufani</li><li>• Tiyai táka yáto boi tákat gaa dula</li><li>• Aram no foon, asuhasu goroon, andacá goroon</li></ul>
Symptoms may appear 2-14 days after exposure to the virus	Váires óiyore biaramor alamot ókkol 2 óttu 14 dinor bútoore deháza
When should I go to an emergency room?	Añttu emarjensi rukir hamrat hóñtte za foribou?
<ul style="list-style-type: none"><li>• The warning signs for COVID-19 include:<ul style="list-style-type: none"><li>• Increased trouble breathing</li><li>• Persistent pain or pressure in your chest</li><li>• New confusion</li><li>• Inability to stay awake</li><li>• Blue lips or face</li></ul></li></ul>	<ul style="list-style-type: none"><li>• KOVIDH-19 or hótora asedé nicán ókkolot ase:<ul style="list-style-type: none"><li>• Niácthanot tokolif bare</li><li>• Sínat maze bic yáto precár táka</li><li>• Noya andacá goroon</li><li>• Seton táki no faroon</li><li>• Uñth yáto muk asmani rong óiza</li></ul></li></ul>
If you see any of these symptoms you should go to your nearest emergency room or medical provider <u>immediately</u>	Biaramor alamot iínottu honó alamot oñnottu fagile <u>toratori</u> sóbse hañsor emarjensi rukir hamra yáto medhikél entezam goridóuyar ikka oñnottu zóon sa.