



COVID-19 EMERGENCY SIGNS

English	Samia Translation
What are symptoms of COVID-19?	Obubonero bwa Covid19 nibwo sinnah?
There is a wide range of symptoms, but common symptoms include: <ul style="list-style-type: none">• Fever• Chills• Cough or shortness of breath• Fatigue• Muscle and body aches• New loss of taste or smell• Sore throat• Diarrhea• Nausea or vomiting	Obubonero bwa covid19 bungu naye obuhira ohumanyihana Mulimu: <ul style="list-style-type: none">• Akhasujja• Ekhololo oba obusungu mu huyera• Obujonngu• Enyama nende omubiri ohucunah• Ohukhoshah• Amakonjo mumumiro• Ohunyalala• Ohusala
Sometimes, symptoms are different in Elders. Other signs to look out for include: <ul style="list-style-type: none">• Decreased ability to do usual daily activities• Racing heart• Dizziness when standing or sitting• Restlessness, hallucinations, confusion	Ebihabindi obubonero bukhahuhana my bandu bahulundu. Obubonero bundi obwohweunjakho mulimu. <ul style="list-style-type: none">• Obuhendefu mu bunyala bwo khola emilimu chabuliludalo• Okhuyerera kulala• Obudinyu muhumula, ohulotalota, ohubuzabuzibwa
Symptoms may appear 2-14 days after exposure to the virus	Obubonero bunyala bwabanekhana kati nendalo chibili pakha khwekhumina chine.
When should I go to an emergency room?	Lina hundi nocha mu emergency room
<ul style="list-style-type: none">• The warning signs for COVID-19 include:<ul style="list-style-type: none">• Increased trouble breathing• Persistent pain or pressure in your chest• New confusion• Inability to stay awake• Blue lips or face	Obubonero bwa covid19 bwoboneraho buli: +Okhweyongera obudinyu muhuyera +Obuchuni mu sirifu obutawa +Ohubuzabuzibwa huyaha +Obutanyala huba noteyalisa +Ebisinini bya blue oba esurah
If you see any of these symptoms you should go to your nearest emergency room or medical provider immediately	Nobonnah rilalah khububonero buno olinocha mudwaliro lihuli ambi mubwangu.