



COVID-19 EMERGENCY SIGNS

English	<i>Kuman (Chimbu Province)</i>
What are symptoms of COVID-19?	Kinde COVID-19 ta ene ende nangin mina wo dinan, nono sragl mere kanamne?
There is a wide range of symptoms, but common symptoms include: <ul style="list-style-type: none">• Fever• Chills• Cough or shortness of breath• Fatigue• Muscle and body aches• New loss of taste or smell• Sore throat• Diarrhea• Nausea or vomiting	Kinde kanamge e mambuno yegl: <ul style="list-style-type: none">• Nangin ninga dinambuka• Nangin bii yenambuka• Nu si mur kau sinambuka• Ongomutne mangrabuka te nangin kinde rambuglka• Nangin giu• Kaia mokuna nemen kinde rambugka• De kunnaglga• Membegll singa
Sometimes, symptoms are different in Elders. Other signs to look out for include: <ul style="list-style-type: none">• Decreased ability to do usual daily activities• Racing heart• Dizziness when standing or sitting• Restlessness, hallucinations, confusion	Ange tau kinde e yomba kindagl mina plau di kran, kinde ta e plau dinan kanamga ga e yegl mere: <ul style="list-style-type: none">• Kongun enge swara de eratga, kinde erambuka• Mundun ninga dinan, mo mudun sinambuka• Ongomutne mangrambuka• Kongun eratga manan, noman mo bitne winambo dinambuka
Symptoms may appear 2-14 days after exposure to the virus	Kinde e ana COVID-19 imga, ange swo pu wakan swo mere ta enan e kinde e imga mere yegl pangua
When should I go to an emergency room?	Ana enge aunagl ende kinde ingu enagle ge?
<ul style="list-style-type: none">• The warning signs for COVID-19 include:<ul style="list-style-type: none">• Increased trouble breathing• Persistent pain or pressure in your chest• New confusion• Inability to stay awake• Blue lips or face	Sragl mere nono kandre, kinde COVID 19 wo nangne mina ongo <ul style="list-style-type: none">• Mundne sindre, mur innamga mambuno manambuga• Piutne giugle kanankinde sinambuka• Nomane ende korrugl enambuka• Hugl paio de keme rambuka• Guman dran wo kane ta enambuka
If you see any of these symptoms you should go to your nearest emergency room or medical provider immediately	Ene pitne kinde e ta edimin, olgand kaima ende kinde ingu ta mangigl yenambra enamga