



Travel to Cities and Populated Areas During COVID-19

English	Maasai
This is a public service announcement about the coronavirus or Covid-19 disease outbreak.	Ore ele naa olkilikuai lolosho oipirra olmeitai le Korona.
What are the risks of traveling?	Ainyoo batisho enaidurra?
If you travel into a new community where coronavirus is spreading, you might get infected while you are traveling.	Ore pee indurraki likae osho oidipa e sayiet e Korona atubulai naa ekindim nikintasuri esayiet indurrita.
Traveling is even riskier if you or someone you live with is an Elder, because Elders are at increased risk of getting very sick from COVID-19.	Kesapuku batisho tenaa ore oltung'ani liboitare naa aimoruo amu ketii iltung'ana moruak batisho naitasurieki ena sayiete e Korona.
Also, if you live in a community where coronavirus is spreading, you could also infect others by traveling.	Tening'uaa olosho otubulayie esayiet e Korona naa indim aitasuro ilkulikae igira aidurr.
Because of this, it is important not to travel if you are sick, or if you have been around someone with COVID-19 in the last two weeks.	Eituan tenimindurr imuoi asnu tenitushulare oltung'ani oota e sayiet e Korona toonkolong'i tomon oo ng'uan naatulusoitie.
Because all travel has inherent risks, it is best to stay in your own community as much as possible.	Amu keeta enaidurra batisho nagut, neeku eituan tenibik to losho linyi enaa enaidimayu
If I am traveling, how can I stay safe?	Amaa tenaidurrita kaji aiko pee aserianu?
If you must travel, there are several things you can do to stay safe. Most importantly, wash your hands as often as possible using hand sanitizer or soap and water for 20 seconds, if these are available.	Nchoo duoo paa laikin indurrie ketii irreikiei ooikash lisuj pee iserianu. Ore enaaisul naa intukuo nkaik inono katitin kumok to sabuni oe nkare too sekondini tikitam tenaa ketumoyu.
If available, pack enough hand sanitizer to last for the entire trip.	Tenaa ketumoyu esilit oo nkaik, tanapa enikintabaya o tushukunye.
Avoid touching your nose, mouth, or face. Avoid close contact with others, staying 6 feet away whenever possible.	Mintoki aibung' enkume, enkutuk ashu enkomom. Nimintoki anyikaki ilkulikae, talama iroruat are teneidimayu.
Wear a mask or cloth face covering when in public.	Nchopo enakarasha naimulumulieki enkutuk erishata nitii enetii iltung'ana kumok.
Cover coughs and sneezes with you elbow, not your hands.	Tunuka enkirroket oe nkasing'i toloidolol, mee too nkaik.
Do not eat at restaurants. Instead, pick-up food or cook your own food whenever possible.	Minya endaa toonkotelini. Kake, toshoroi endaa ashu iyieraki kewon.
And lastly, remember to travel only when absolutely necessary. Minimizing travel will help keep you, your family, your community, and neighboring communities healthy.	Ore enabayie, tadamu aajo indurr ake duoo tenaa laikin. Tenintaa kiti enaidurra naa ekiret iyie, olmarei lino, olosho lino o loшон lelatia metaa biot.