



COVID-19 info for Indigenous Children & Youth

English	Rohingya
What does COVID-19 mean for our community?	Añárar cómajot KOVIDH-19 kiyóre hó?
Coronavirus (or COVID-19) is a new, tiny virus	Koronaváires (yáto KOVIDH-19) óilde uggwá noya, bicí cóñço váires
It travels on small drops of water	Ílne cóñço fanir fuça loi sola fira gore
COVID-19 can make people very sick, usually with a cough and fever	KOVIDH-19 e manuíc ore aksér hañc ar gaatzor lóiyore bici biaraimma bana
Cells in our body fight coronavirus, but sometimes people need help from doctors and medicine	Añárar gaar seél ókkol koronaváires loi fáith gore, kintu táitai manuíc ottú dhakthor ar dabair modót zorurot oó
Coronavirus spreads through coughs and sneezes. It can also hide on the objects we touch	Hañci ar añissanir duara Koronaváires fóila. Añára dóra suwa goride ciz ókkolor oure o fin luwai táke.
The best way to stop coronavirus from spreading is for people to stand six feet apart.	Koronaváires ókkol fóilare rukibólla sóbse bala torika óilde manuíc ókkol loi sói fíth dúre táka.
What does COVID-19 mean for Indigenous Nations?	Asól Decóitta ókkole KOVIDH-19 kiyóre hoó?
Many Indigenous nations are very worried about coronavirus.	Bóut Asól Decóitta ókkol korováres or baabote frecanit ase.
Because older people are more likely to get the virus, elders are especially at risk. It is important to stop coronavirus in order to protect our traditions and our leaders.	Zettot bura manuíc ókkolor váires ibar óibar cómbobona beci, háas gori bura manuíc ókkol hótorat ase. Añárar rósom ar líidhar ókkol ore mahafús rakibólla koronaváires ore ruka zoruri.
What can we do to help?	Váires rukibólla añára ki gorit fari?
Keep your hands clean. Use soap and clean water if they are available.	Oñnor hát ókkol forickar ráikko. Zodi fáile, sábon ar forickar fani estemal goijjo.
Cover your coughs and sneezes. Use your elbow or a tissue whenever possible.	Hañca ar añissa biccot mukore gúri ráikko. Zehón cómbob kinkini yáto tíccu estemal goijjo.
Eat healthy, drink water, and get plenty of sleep to help keep your body healthy.	Oñnor jisímor sehét thík rakibólla sehétor muwafek háiyó, fiyo ar bicigori gúm záiyó.
Practice social distancing, by celebrating traditions and spending time with family virtually or from afar. Listen to your elders for guidance and advice	Zahiri bafe yáto dúrottu rosómi kúci bana ar fémlí loi thaim haçai yóre ectemáyí dúre táka pretís goijjo. Hédayot ar mocuwarálla murobbi ókkolor hota fuinno.
Our community has lived for over 1000 years! We are going to be okay.	Añárar cómaj aséde 1,000 bosór or uore! Añára thík óizaiyóum.