



COVID-19 EMERGENCY SIGNS

English	Tok Pisin (PNG Lingua Franca)
<p>What are symptoms of COVID-19?</p>	<p>Wanem ol piksa bodi bilong yu bai soim sapos yu kisim COVID-19?</p>
<p>There is a wide range of symptoms, but common symptoms include:</p> <ul style="list-style-type: none"> <li>• Fever</li> <li>• Chills</li> <li>• Cough or shortness of breath</li> <li>• Fatigue</li> <li>• Muscle and body aches</li> <li>• New loss of taste or smell</li> <li>• Sore throat</li> <li>• Diarrhea</li> <li>• Nausea or vomiting</li> </ul>	<p>Sampela ol piksa bodi bilong yu bai soim sapos yu kisim:</p> <ul style="list-style-type: none"> <li>• Skin hot</li> <li>• Kol sik</li> <li>• Kus na sotwin</li> <li>• Ai raun na skin les</li> <li>• Skin pen</li> <li>• Kaikai i nogat teist o smel</li> <li>• Nek rot bilong daunim kaikai i sua</li> <li>• Pekpek wara</li> <li>• Pilim traup na traup</li> </ul>
<p>Sometimes, symptoms are different in Elders. Other signs to look out for include:</p> <ul style="list-style-type: none"> <li>• Decreased ability to do usual daily activities</li> <li>• Racing heart</li> <li>• Dizziness when standing or sitting</li> <li>• Restlessness, hallucinations, confusion</li> </ul>	<p>Sampela taim dispela ol piksa ino inap wankain long bodi bilong ol lapun. Sampela ol narapela piksa weh bodi bai i soim i olsem:</p> <ul style="list-style-type: none"> <li>• Skin les lo mekim ol wan dei wan dei wok</li> <li>• Lewa pump hariap</li> <li>• Ai raun taim yu sanap o sidaun</li> <li>• Skin les nating, driman tinging na het i faul</li> </ul>
<p>Symptoms may appear 2-14 days after exposure to the virus</p>	<p>Dispela ol piksa i soim sik COVID-19 i ken kamap namel long tupela igo long 14pela dei long taim yu kisim dispela virus</p>
<p>When should I go to an emergency room?</p>	<p>Wanem taim bai mi mas kirap igo long hausik?</p>
<ul style="list-style-type: none"> <li>• The warning signs for COVID-19 include:             <ul style="list-style-type: none"> <li>• Increased trouble breathing</li> <li>• Persistent pain or pressure in your chest</li> <li>• New confusion</li> <li>• Inability to stay awake</li> <li>• Blue lips or face</li> </ul> </li> </ul>	<p><input type="checkbox"/> Ol piksa weh bodi bai i soim sapos yu igatim COVID-19:</p> <ul style="list-style-type: none"> <li>• Sotwin na hat long pulim win</li> <li>• Bikpela pen insait long bros istap longpela taim</li> <li>• Tingting i faul</li> <li>• Hard lo kirap silip olgeta taim</li> <li>• Maus na nus pes i tanim igo kala blu</li> </ul>
<p>If you see any of these symptoms you should go to your nearest emergency room or medical provider immediately</p>	<p>Sapos yu lukim sampela ol piksa weh bodi bilong yu i soim olsem yu kisim sik, yu mas hariap igo long hausik istap klostu long yu</p>