



COVID-19 EMERGENCY SIGNS

English	Wayana Translation
What are symptoms of COVID-19?	Ta COVID-19 nëheneja?
There is a wide range of symptoms, but common symptoms include: <ul style="list-style-type: none">• Fever• Chills• Cough or shortness of breath• Fatigue• Muscle and body aches• New loss of taste or smell• Sore throat• Diarrhea• Nausea or vomiting	Kohle man enetop, lome helë kom mënipohnëpoja: <ul style="list-style-type: none">• Tījephe eitop• këmikin eitop• Tohto to Katop talan mehaw woi katop ëtaputop• Tīpëlëphe• Etumhak ësit, ëpun male• Ukuktëla malalë poktëla• Etumhak ëhena kuwit katop• Tuikapopkai• Jahmik malalë tīwenatai
Sometimes, symptoms are different in Elders. Other signs to look out for include: <ul style="list-style-type: none">• Decreased ability to do usual daily activities• Racing heart• Dizziness when standing or sitting• Restlessness, hallucinations, confusion	Malalë kunumusiman tom, tamusinman tom pëk tīwë mënepohnëpoja. Masike pëtuku enetëk: <ul style="list-style-type: none">• Tëmamine iweitop kom ekuptëpoja• asimhak wana tok tok kapoja• Walëla mënke tot som tīkai aptau malalë kolo me aptau• İnikila, ëti palë tēnei tēwukomja malalë pëtuku ëti kom tuwalëla
Symptoms may appear 2-14 days after exposure to the virus	Helë wamela eitop mënehenejoja tanme 2 me awainatop poine- 14 me awainatop pona
When should I go to an emergency room?	Talaptau wëhelekaptëja ëpi pakolon tak jalë tohme?
<ul style="list-style-type: none">• The warning signs for COVID-19 include:<ul style="list-style-type: none">• Increased trouble breathing• Persistent pain or pressure in your chest• New confusion• Inability to stay awake• Blue lips or face	<ul style="list-style-type: none">• Helë komohpe tētīhe aptau ëhelekaptëk COVID-19 pëk:<ul style="list-style-type: none">• Iloptailë woi katop tētīhe aptau• Awolemīla etumhak ëwelepata po aptau, ham tīkai aptau• Tëhelekaptëi aptau• Wakimela hawep katop aptau• Talilime ewetpi malalë ewemīt aptau
If you see any of these symptoms you should go to your nearest emergency room or medical provider immediately	Helë kom mohpe aptau asimhak ëpi pakolon tak itëk malalë ëhekalëk ëpi pëkënuja ëpatali